

# November is Diabetes Awareness Month

## Save Your Child's Life

Know the signs of Type 1 Diabetes



Check with your doctor if your child (or you) has excessive thirst, frequent urination, unexplained weight loss, exhaustion, and/or: irritability, extreme hunger, blurry vision, odd breath (sweet, fruity, or acetone), difficulty breathing, nausea, or vomiting.

Source: <https://beyondtype1.org/type-1-diabetes/>

## History!

November 14, World Diabetes Day, honors the birthdate of Dr. Frederick Banting, the Canadian scientist who discovered insulin, made it injectable, and saved millions of lives.



## Do You Know The Difference?

	Type 1	Type 2
Formerly called:	"Juvenile Onset" or "Insulin Dependent" Diabetes	"Adult Onset" or "Noninsulin Dependent" Diabetes
Who is diagnosed?	Children and teens, usually with healthy body weight, but also diagnosed in adults.  These individuals may be the only ones in their family with the disease.	Usually diagnosed in adults who are overweight or obese but also diagnosed in children.  These individuals often have relatives with diabetes.
What causes it?	The body's immune system mistakenly attacks and destroys part of the pancreas. The pancreas can no longer produce insulin, a hormone needed to control blood glucose.	These individuals can still produce insulin but the body becomes resistant to its effects. Over time, the pancreas eventually stops producing insulin.
How is it detected?	The same diagnostic criteria are used for both types of diabetes. However, blood tests (i.e. autoantibody tests) may help clarify whether a patient has type 1 versus type 2 diabetes.	
How is it treated?	People with type 1 diabetes need to take insulin via syringe, pen, or pump.	Some people with type 2 diabetes can control their blood glucose by reducing their weight and changing their diet. Most are treated with pills, injectable medicines, or insulin.

Source: <http://hopkinsdiabetesinfo.org/diagnosis-of-diabetes/>



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